

Fast Trax Run & Ski Shop
 Ultra Timing - 30 km
 June 26, 2010



Women

Overall Place	Place in Age Group	Bib Distance	First	Last	Sex	Category	LAP 1	LAP 2	LAP 3	FINISH	Pace (min/km)
1	1	186 30km	Mia	Atienza	F	Open Women	00:48:27	00:50:33	00:53:04	02:32:04	00:05:04
2	2	187 30km	Andrea	Enns	F	Open Women	00:53:09	00:53:11	00:54:18	02:40:38	00:05:21
3	1	182 30km	Bonnie	Gratton	F	Master Women	00:53:09	00:52:21	00:56:00	02:41:30	00:05:23
4	2	176 30km	Laurie	Barlow	F	Master Women	00:57:31	00:56:59	00:58:18	02:52:48	00:05:46
5	3	179 30km	Janet	Dietrich	F	Master Women	00:53:16	00:57:19	01:03:29	02:54:04	00:05:48
6	4	184 30km	Louise	Brister	F	Master Women	00:56:18	00:58:12	01:00:08	02:54:38	00:05:49
7	5	178 30km	Joanne	Rebus	F	Master Women	00:57:08	00:58:03	01:02:55	02:58:06	00:05:56
8	6	181 30km	Charlene	Highfield	F	Master Women	00:56:55	01:01:55	01:08:13	03:07:03	00:06:14
9	7	185 30km	Cindy	Jackson	F	Master Women	01:05:07	01:04:06	01:03:41	03:12:54	00:06:26
10	8	183 30km	Shirley	Edwards	F	Master Women	01:00:51	01:04:17	01:09:44	03:14:52	00:06:30
11	9	175 30km	Louise	Wheatcroft	F	Master Women	01:02:40	01:08:19	01:16:38	03:27:37	00:06:55
12	10	177 30km	Pam	Keown-Glaser	F	Master Women	01:16:15	01:21:02	01:33:03	04:10:20	00:08:21
13	11	180 30km	Deb	Findlay	F	Master Women	01:16:15	01:21:02	01:33:03	04:10:20	00:08:21

Men

Overall Place	Place in Age Group	Bib Distance	First	Last	Sex	Category	LAP 1	LAP 2	LAP 3	FINISH	Pace (min/km)
1	1	161 30km	Jonathan	Withey	M	Open Men	00:35:22	00:35:51	00:36:27	01:47:40	00:03:35
2	1	153 30km	Greg	Meiklejohn	M	Master Men	00:38:18	00:39:27	00:39:20	01:57:05	00:03:54
3	2	155 30km	Don	Wheatcroft	M	Master Men	00:46:50	00:47:30	00:49:38	02:23:58	00:04:48
4	3	154 30km	Roger	Clemens	M	Master Men	00:50:22	00:51:53	00:58:56	02:41:11	00:05:22
5	4	159 30km	Gary	Stone	M	Master Men	00:53:09	00:53:36	00:57:41	02:44:26	00:05:29
6	2	160 30km	Craig	Muir	M	Open Men	00:56:13	00:54:46	00:55:13	02:46:12	00:05:32
7	5	157 30km	Gary	Mills	M	Master Men	00:57:08	00:58:03	00:58:55	02:54:06	00:05:48
8	6	152 30km	Lyle	Worobec	M	Master Men	00:57:20	00:56:48	01:00:22	02:54:30	00:05:49
9	7	151 30km	Walter	Amstutz	M	Master Men	01:00:12	01:01:43	01:02:37	03:04:32	00:06:09
10	8	158 30km	Brent	Highfield	M	Master Men	00:57:50	01:01:00	01:08:19	03:07:09	00:06:14
DNF	DNF	162 30km	Paul	Cayer	M	Open Men	00:56:40	00:58:10			
DNS	DNS	156 30km	Stephen	Sanfacon	M	Master Men					



Women

Overall Place	Place in Age Group	Bib Distance	First	Last	Sex	Category	LAP 1	LAP 2	LAP 3	LAP 4	LAP 5	FINISH	Pace (min/km)
1	1	136 50km	Petra	Graen	F	Open Women	00:42:32	00:44:02	00:46:25	00:48:21	00:47:20	03:48:40	00:04:34
2	1	129 50km	Joanne	Schmidt	F	Master Women	00:50:37	00:52:23	00:53:02	00:54:34	00:54:55	04:25:31	00:05:19
3	2	135 50km	Amanda	Helmle	F	Open Women	00:55:51	00:57:35	00:58:24	00:59:37	01:00:24	04:51:51	00:05:50
4	2	127 50km	Sarah	Perala	F	Master Women	00:52:10	00:57:04	01:00:01	01:04:20	01:09:04	05:02:39	00:06:03
5	3	132 50km	Monique	Hrushka	F	Open Women	00:58:00	00:58:58	00:59:22	01:10:02	01:13:00	05:19:22	00:06:23
6	3	130 50km	Kirsten	Menk	F	Master Women	00:57:03	01:05:12	01:02:39	01:22:07	01:18:48	05:45:49	00:06:55
7	4	128 50km	Darlene	Hubscher	F	Master Women	00:59:40	01:01:00	01:08:26	01:17:47	01:24:11	05:51:04	00:07:01
8	5	125 50km	Marion	Landry	F	Master Women	01:16:30	01:23:34	01:27:02	01:34:35	01:30:43	07:12:24	00:08:39
9	4	134 50km	Jennifer	LaBine	F	Open Women	01:17:45	01:17:57	01:24:33	01:41:16	01:44:52	07:26:23	00:08:56
10	6	126 50km	Mary	Bell	F	Master Women	01:18:55	01:22:07	01:28:17	01:40:43	01:44:52	07:34:54	00:09:06
11	5	133 50km	Susann	Lagore	F	Open Women	01:14:55	01:20:25	01:31:41	01:43:58	01:50:25	07:41:24	00:09:14

Men

Overall Place	Place in Age Group	Bib Distance	First	Last	Sex	Category	LAP 1	LAP 2	LAP 3	LAP 4	LAP 5	FINISH	Pace (min/km)
1	1	113 50km	Ian	Blokland	M	Open Men	00:43:01	00:41:39	00:42:02	00:42:33	00:44:50	03:34:05	00:04:17
2	1	101 50/100km	Darren	Froese	M	Master Men	00:42:32	00:42:08	00:42:42	00:43:28	00:44:51	03:35:41	00:04:41
3	2	109 50km	John	Postoluk	M	Master Men	00:42:32	00:44:48	00:44:10	00:46:18	00:49:03	03:46:51	00:04:32
4	3	108 50km	Gary	Poliquin	M	Master Men	00:41:28	00:43:12	00:48:25	00:54:12	00:57:34	04:04:51	00:04:54
5	4	106 50km	Steve	Towns	M	Master Men	00:46:50	00:47:20	00:48:40	00:51:43	00:57:49	04:12:22	00:05:03
6	2	114 50km	Darren	Schmidt	M	Open Men	00:46:57	00:45:58	00:47:10	00:53:39	01:09:21	04:23:05	00:05:16
7	3	112 50km	Robert	Roach	M	Open Men	00:53:50	00:56:45	00:58:57	01:06:30	01:01:29	04:57:31	00:05:57
8	5	107 50km	Scott	Brass	M	Master Men	00:58:02	00:58:58	00:59:28	01:02:47	01:06:02	05:05:17	00:06:06
9	6	103 50km	Dean	Reidt	M	Master Men	00:52:10	00:54:45	00:59:59	01:07:34	01:14:12	05:08:40	00:06:10
10	4	120 50km	Kevin	Simmt	M	Open Men	00:58:30	01:05:45	01:04:35	01:05:33	01:03:19	05:17:42	00:06:21
11	7	104 50km	Dan	Brister	M	Master Men	00:57:40	00:56:45	00:59:57	01:09:29	01:19:12	05:23:03	00:06:28
12	5	119 50km	David	Risselada	M	Open Men	00:52:57	01:02:43	01:06:23	01:10:01	01:15:47	05:27:51	00:06:33
13	8	110 50km	Rod	Chiasson	M	Master Men	00:48:06	00:49:14	00:51:15	01:08:58	01:53:21	05:30:54	00:06:37
14	9	122 50km	Donald	Landry	M	Master Men	00:53:50	00:59:49	01:10:15	01:14:12	01:16:05	05:34:11	00:06:41
15	6	121 50km	Curtis	Marquart	M	Open Men	01:00:00	01:01:44	01:03:32	01:12:26	01:23:42	05:41:24	00:06:50
16	10	102 50km	Wayne	La Groix	M	Master Men	01:04:25	01:10:13	01:16:22	01:24:40	01:38:50	06:34:30	00:07:53

Fast Trax Run & Ski Shop
 Ultra Timing - 50 mile
 June 26, 2010



Women

Overall Place	Place in Age Group	Bib Distance	First	Last	Sex	Category	LAP 1	LAP 2	LAP 3	LAP 4	LAP 5	LAP 6	LAP 7	LAP 8	FINISH	Pace (min/mile)
1	1	79 50mile	Steph	Neufeld	F	Open Women	00:53:50	00:53:40	01:01:18	01:02:20	01:02:48	01:04:51	01:07:56	01:05:46	08:12:29	00:09:51
2	2	78 50mile	Salena	LaBine	F	Open Women	00:58:30	00:58:28	00:59:35	01:06:37	01:07:00	01:06:16	01:05:31	01:02:00	08:23:57	00:10:05
3	3	77 50mile	Anne Marie	Landry	F	Open Women	01:00:35	00:59:15	01:06:21	01:35:32	01:38:23	01:38:00	01:49:37	01:57:41	11:45:24	00:14:06
DNF	DNF	80 50mile	Alexis	Sutherland	F	Open Women	01:13:45									

Men

Overall Place	Place in Age Group	Bib Distance	First	Last	Sex	Category	LAP 1	LAP 2	LAP 3	LAP 4	LAP 5	LAP 6	LAP 7	LAP 8	FINISH	Pace (min/mile)
1	1	54 50mile	Trent	Schuler	M	Open Men	00:58:30	00:56:41	01:01:39	01:05:51	01:15:31	01:14:58	01:22:20	01:19:33	09:15:03	00:11:06
2	2	56 50mile	Bryan	Atkinson	M	Open Men	01:04:58	01:04:22	01:04:12	01:05:34	01:10:34	01:21:22	01:24:25	01:32:06	09:47:33	00:11:45
3	1	51 50mile	Joel	Rothaizer	M	Master Men	01:10:25	01:11:05	01:13:19	01:28:01	01:41:44	01:45:46	01:44:10	01:51:52	12:06:22	00:14:32
DNF	DNF	52 50mile	Doug	Mitchell	M	Master Men	01:02:01	01:00:46	01:07:03	01:35:18						
DNF	DNF	55 50mile	Jeremy	Derksen	M	Open Men	01:05:07	01:05:43	01:17:38	01:25:57	01:43:08	02:12:10				



Women

Overall Place	Place in Age Group	Bib Distance	First	Last	Sex	Category	LAP 1	LAP 2	LAP 3	LAP 4	LAP 5	LAP 6	LAP 7	LAP 8	LAP 9	LAP 10	FINISH	Pace (min/km)
1	1	28 100km	Carla	Miceli	F	Master Women	00:49:04	00:51:41	00:51:42	00:52:32	00:54:51	00:56:36	00:59:12	01:01:15	01:00:49	01:00:30	09:18:12	00:05:35
2	1	32 100km	Dennene	Huntley	F	Open Women	00:52:10	00:55:45	00:54:30	00:54:18	00:56:20	00:57:48	00:57:22	00:57:34	00:59:08	01:03:07	09:28:02	00:05:41
3	2	27 100km	Susan	Gallup	F	Master Women	00:53:50	00:53:40	00:56:56	00:58:38	00:58:02	00:59:12	01:03:16	01:18:39	01:20:49	01:21:04	10:44:06	00:06:26
4	3	26 100km	Sue	Lucas	F	Master Women	00:52:10	00:53:50	00:59:20	01:02:01	01:12:14	01:11:44	01:10:16	01:09:34	01:09:02	01:08:16	10:48:27	00:06:29
DNF	DNF	29 100km	Justine	Candelora	F	Master Women	00:52:10	00:57:29	01:00:36	01:11:17	01:21:19	01:36:22						
DNF	DNF	30 100km	Julie-Ann	Pike	F	Master Women	01:05:20	01:06:07	01:08:13	01:14:50	01:27:02	01:30:48	01:26:38	01:31:34	01:39:54			
DNF	DNF	31 100km	Amber	Coleman	F	Open Women	01:01:30	01:06:34	01:16:44	01:21:07	01:27:47	01:34:42	01:46:48	02:40:13				
DNF	DNF	33 100km	Margaret	Li	F	Open Women	00:58:30	00:57:33	00:57:47	00:58:43	01:02:22	01:03:11	01:04:30	01:14:13				

Men

Overall Place	Place in Age Group	Bib Distance	First	Last	Sex	Category	LAP 1	LAP 2	LAP 3	LAP 4	LAP 5	LAP 6	LAP 7	LAP 8	LAP 9	LAP 10	FINISH	Pace (min/km)
1	1	101 50/100km	Darren	Froese	M	Master Men	00:42:32	00:42:08	00:42:42	00:43:28	00:44:51	00:49:55	00:50:50	00:52:32	00:52:20	00:51:38	07:52:56	00:04:44
2	2	3 100km	Richard	Webb	M	Master Men	00:44:38	00:44:57	00:45:03	00:48:49	00:47:25	00:50:21	00:54:32	00:55:56	00:56:36	00:55:21	08:23:38	00:05:02
3	3	6 100km	Oleg	Tabelev	M	Master Men	00:46:50	00:46:25	00:46:40	00:47:57	00:49:36	00:57:01	00:59:37	00:57:55	01:01:21	00:59:51	08:53:13	00:05:20
4	4	4 100km	Keith	Thaxter	M	Master Men	00:50:00	00:49:30	00:54:50	00:50:15	00:50:48	00:52:06	00:58:02	01:02:26	00:57:45	01:00:35	09:06:17	00:05:28
5	1	12 100km	Jamie	Baxter	M	Open Men	00:44:44	00:44:51	00:45:55	00:47:57	00:50:00	01:01:51	01:04:52	01:27:44	01:05:20	01:11:34	09:44:48	00:05:51
6	5	10 100km	Hiroshige	Watanabe	M	Master Men	00:52:10	00:53:50	00:53:56	00:54:43	00:58:30	01:02:36	01:06:09	01:10:19	01:15:11	01:15:53	10:23:17	00:06:14
7	2	13 100km	Ammon	Piegrass	M	Open Men	00:58:22	01:00:08	00:57:26	01:07:14	01:07:00	01:11:20	01:08:18	01:11:10	01:19:15	01:29:36	11:29:49	00:06:54
8	6	8 100km	Simon	Welfare	M	Master Men	00:59:12	00:57:46	01:00:18	01:01:20	01:12:34	01:17:38	01:17:36	01:16:56	01:18:30	01:18:20	11:40:10	00:07:00
9	3	14 100km	James	Jefferies	M	Open Men	00:56:40	00:59:00	00:59:09	01:03:47	01:12:32	01:17:46	01:22:11	01:21:35	01:37:20	01:29:59	12:19:59	00:07:24
DNF	DNF	1 50/100km	Jack	Cook	M	Master Men	00:42:32	00:42:17	00:42:33	00:43:28								
DNF	DNF	5 100km	James	Thompson	M	Master Men	00:58:30	01:06:49	01:17:05	01:16:16	01:27:23	01:30:45	01:29:39	01:46:29				
DNF	DNF	7 100km	Terry	Buehl	M	Master Men	00:50:00	00:49:30	00:53:26	01:09:10								
DNF	DNF	9 100km	Wade	Halpin	M	Master Men	00:53:16	00:56:23	01:01:26	01:10:27	01:20:39	01:25:53	01:28:33	01:34:56	01:23:57			
DNF	DNF	15 100km	Mark	Pierzchajlo	M	Open Men	00:55:20	01:01:45	01:19:45	01:54:28	02:27:41							